# Sharing the Care

Are you caring for a loved-one who is seriously ill?



# Sharing the Care

provides caregivers with wrap-around support including temporary assistance with practical tasks.

### IN THE HOME

# light housekeeping 

# laundry & ironing 

meal prep & planning 

yard & garden care 

help with correspondence/paperwork and/or technology)

## **OUT & ABOUT**

- driving & errands pappointment companion
- grocery shopping & pick-ups

# FROM A DISTANCE

- telephone check-ins pappointment reminders
- making calls/appointments on behalf of clients

Caregivers also benefit from support groups with discussions, speakers & wellness programming.

Support is provided by fully-trained and professionally coordinated volunteers. An initial assessment is required.

All programs are offered free of charge. Donations are always appreciated.

**FOR INFORMATION OF TO REGISTER CONTACT: phone** 905-727-6815 **email** caregiver@hospicekingaurora.ca

