



Wellness Program: Picking up the Pieces for cancer survivors



How do you move forward with your life after you have been affected by cancer?

This practical program offers an opportunity to come together, share feelings, hopes, fears and provides practical tools and

resources to move forward post cancer treatment. Sherri Magee's book "Picking up the Pieces: Moving forward after surviving cancer" is used as the vehicle for discussion.

Picking up the Pieces runs for ten weeks starting on
Wednesday March 23 to May 25, 2016

March 23, March 30, April 6, April 13, April 20, April 27, May 4, May 11, May 18 & May 25
1:00pm - 3:00pm

Participants are encouraged to attend all sessions

Participants receive the Picking up the Pieces book, personal journal and course materials.

Feedback from Clients:

"Chemo, radiation and surgery took care of my body – Picking Up the Pieces healed my soul. This course should be a mandatory part of treatment. "

"This is exactly what I needed to move forward in my recovery."

All programs & services at Hospice King-Aurora are offered free of charge.

Donations are always appreciated.

For more information or to register, contact:

Georgina Mercouris - phone (905) 727-6815 x23
or **email** g.mercouris@hospicekingaurora.ca

Hospice King-Aurora offers specialized services and support to those living with progressive life-threatening illness, the people who care for them and those who are bereaved.

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