

CHATS' Caregiver Support & Education and Hospice King-Aurora present

CARING *for the* CAREGIVER

Are you caring for parent, spouse, relative or friend? Join us for a **free** event showcasing programs & services available to caregivers!



Guest Speaker: Mary Bart, Chair of Caregiving Matters

Topics: Survival tips & tricks for caregivers; How to find balance & recognize signs of burn-out

◆ VALUABLE RESOURCES

◆ REFRESHMENTS

ALZHEIMER'S SOCIETY OF YORK REGION
HOSPICE KING-AURORA
MINISTRY OF THE ATTORNEY GENERAL
CANADIAN MENTAL HEALTH ASSOCIATION

◆ WELLNESS ROOM

◆ REPRESENTATIVES FROM:

COMMUNITY CARE ACCESS CENTRE
DOANE HOUSE HOSPICE
MINISTRY OF FINANCE
PARKINSONS SOCIETY

◆ PRIZES & GIVEAWAYS

CHATS
HOSPICE GEORGINA
PHILIPS LIFELINE
& MORE...

Thursday June 4th, 2015 @ 6:00pm - 8:30pm

Region of York Municipal Building

17250 Yonge Street, Newmarket

For inquiries, please contact Linda Ind at

905-713-3373 ext 6211 or lind@chats.on.ca

